

HydroTherm Treatment Set

Instructions



HydroTherm Intense Mask

Stir mask in its pot for up to five minutes until an even, thick texture is formed. Apply a thin layer of the mask onto forehead, nose, chin, cheeks, neck and upper chest. Leave it on for 10 minutes before gently removing with a warm face towel.

HydroTherm Sauna Serum

Apply 2-3 pumps onto fingertips and gently massage in to areas where the mask was used. If using without the mask you can still apply. Applied areas should start to become warm, this is an indication that the product is being used correctly.

ENEO Total Device

Use your ENEO Total Device over cream covered areas for 5 minutes. Once complete, remove cream with a warm towel. Once fully removed, wash your face with cold water and apply a moisturizer of choice.

HydroTherm Completion Creme

If included in your package, use a small amount of this cream as your moisturizer.