

Instructions



HydroTherm Intense Mask

Stir mask in its pot for up to five minutes until an even, thick texture is formed. Apply a thin layer of the mask onto forehead, nose, chin, cheeks, neck and upper chest. Leave it on for 10 minutes before gently removing with a warm face towel.

HydroTherm Sauna Serum

Apply 2-3 pumps onto fingertips and gently massage in to areas where the mask was used. If using without the mask you can still apply. Applied areas should start to become warm, this is an indication that the product is being used correctly.

HydroTherm Completion Crème

If this product is used in conjunction with the HydroTherm mask, then remove the mask first with a warm towel. Next, Apply a generous amount of HydroTherm Completion Crème to treated areas or areas that need treating. After using the product ensure the jar is tightened and stored properly for continued use.